

NOTTINGHAM MECHANICS INSTITUTE 1837

JANUARY 2026 NUMBER 101



NEWSLETTER

WHATS ON ? WHATS HAPPENED?

WELCOME TO THE JANUARY NEWSLETTER

HAPPY NEW YEAR TO YOU ALL

AND A PROSPEROUS 2026

Building Sale Update

We exchanged contracts on the 18th of December with completion mid January I will of course keep you all up to date on the progress as it happens.

*We had a wonderful Christmas Party on the 18th December
The company was amazing the food was hot and tasty
and the games were eventful*



*Our new Leisure learning course brochures are available
either in reception or on line at
www.nottmleisurelearning.com*

JANUARY MONDAY FILMS AT 1.30PM

5th 🎬 Anna Karenina 2012 (124 Mins)

This lavish and visually inventive adaptation of Leo Tolstoy's timeless novel is set in the opulent world of 19th-century Russian high society. Anna Karenina, a respected wife and mother, embarks on a passionate and forbidden love affair that places her in direct conflict with the strict moral codes of her society. As her personal happiness collides with social expectation, the film explores love, jealousy, loyalty, and the devastating cost of defying convention. A compelling and emotionally powerful classic.

12th 🎬 The Talented Mr. Ripley (133 Mins)

Set against the sun-drenched backdrop of 1950s Italy, this stylish psychological thriller follows Tom Ripley, a charming but troubled young man drawn into a world of wealth, privilege, and deception. As Tom becomes increasingly obsessed with the glamorous life of Dickie Greenleaf, his desire to belong leads him down a dangerous and morally dark path. Tense, seductive, and unsettling, the film explores identity, ambition, and the high cost of living a lie.

19th 🎬 The Hundred-Foot Journey (118 Mins)

This uplifting and beautifully shot film tells the story of a young Indian chef whose family opens a vibrant restaurant opposite a traditional French establishment in a small village in southern France. What begins as a cultural clash gradually becomes a journey of understanding, respect, and shared passion for food. Rich in flavour, charm, and humour, the film celebrates family, tradition, and the power of cuisine to bring people together.

26th 🎬 The Salt Path (115 Mins)

Based on the bestselling memoir by Raynor Winn, this moving film follows a couple who, after losing their home and facing a devastating diagnosis, decide to walk the South West Coast Path. With little money and great uncertainty, their journey becomes one of resilience, healing, and rediscovering hope through nature. Beautifully filmed and deeply human, The Salt Path is a powerful story of endurance, love, and the restorative power of the landscape.



THE CURTIUS SALON – FRIDAYS AT 11.00AM

9th January – Dennis Apple

Words and Music by Irving Berlin

In this engaging Curtius Talk, Dennis Apple explores the life and extraordinary legacy of Irving Berlin, one of the most influential songwriters of the 20th century. From timeless standards such as White Christmas and God Bless America to his groundbreaking work on Broadway and in Hollywood, Berlin's words and music helped define the American songbook. Illustrated with musical examples and rich historical context, this talk celebrates a composer whose melodies continue to resonate across generations.

16th January – Dr Mark Barnard

Sentinels in Stone: The Castles of Northern England

This illustrated Curtius Talk explores the dramatic castles that dominate the landscapes of Northern England, examining their role as symbols of power, defence, and authority. Dr Mark Barnard traces the history of these formidable structures, from Norman fortresses to later medieval strongholds, revealing how conflict, politics, and ambition shaped their design and purpose. A fascinating journey through centuries of warfare, architecture, and regional history.

23rd January – Peter Amour

Oasts, Coasts & Orchards

In this engaging talk, Peter Amour takes us on a journey through the distinctive landscapes and heritage of southern England. From the iconic oast houses of Kent to dramatic coastal scenery and the rich traditions of orchard farming, the talk explores how geography, industry, and rural life have shaped both place and identity. A richly illustrated and wide-ranging exploration of architecture, landscape, and local history.

30th January – Iain Walton

Antarctica to Alaska – Part 4: Central America

In this fourth instalment of his remarkable journey from Antarctica to Alaska, Iain Walton focuses on the vibrant and complex region of Central America. From dramatic landscapes and rich wildlife to the history, cultures, and challenges of the countries along the route, this illustrated talk brings the journey vividly to life. A fascinating blend of travel, geography, and personal experience that captures the spirit of adventure.

The Nottingham Mechanics iNstitute
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OTHER GROUP MEETINGS

JANUARY

NOTTM WRITERS' CLUB: ALL WELCOME: CAROL: 0115 9817661

Next Meeting 30th @1.30pm

DICKENS FELLOWSHIP, CONTACT: KATHY POWIS: 0115 9845375

6th and the 20th @ 2.00pm

NOTTM SHAKESPEARE SOCIETY: SANDRA APPLETON: 0115 9256551

Tues 13th 7.00-9.00pm 27th 10.00-12.00pm

NOTTINGHAM PROBUS CLUB ROBIN WEST: 0115 9164774.

Wednesday 21st @11.00am

ELDERS' FORUM DANCE

Fridays @ 1.30pm

ODDFELLOWS FRIENDSHIP GROUP

Friday 9th @11.00am

NOTTM BRANCH, THE NATIONAL TRUST

Thursday 7th @ 1.30-3.30pm

NATIONAL FEDERATION OF OCCUPATIONAL PENSIONERS (NFOP)

Wednesdays @11.00am

THOROTONS SOCIETY OF NOTTINGHAM

Saturday 10th @ 1.30-4.30pm

R.C.T.S MEETING

Tuesday 13th and 27th @2.00pm

NOTTINGHAM CIVIC SOCIETY

Tuesday 13th 6.30-9.30pm

60+ Keep Fit: Audrey Malik, Mon: 10.30 to 11.30am

Seated Exercise Class 11.45 to 12.30am

TABLE TENNIS - FRIDAYS: 1.30 TO 3.00PM

SHORT MAT BOWLS - THURSDAYS AT 1.30PM

GAMES AFTERNOON: TUESDAYS AT 1.30PM

STITCH CLUB: MONDAYS 1.30PM FORTNIGHTLY

GARDENING CLUB: PLEASE SEE NOTICEBOARD FOR DETAILS