

SUMMER SPEAKERS Fridays at 11.00am

- 1 July: Graham Clarke: Morris Dancing
- 8 July: David Kimmins: Tin Pan Alley again!
- 15 July: Tim Coltman: The Story of Two Crowns
- 22 July: Robert Cockayne: Malta
- 29 July: Robert Cockayne: Madeira
- 5 August: Robert Cockayne: Iceland

* OPERA with ROBERT *

Thursday 21st July at 1.00pm:

“La Fille du Regiment” by Donizetti (132 minutes)

* MONDAY FILMS - at 1.30pm *

- 4 July: ‘Finding Your Feet’ - Imelda Staunton, Timothy Spall
- 11 July: ‘Carousel’ - Rogers & Hammerstein
- 18 July: ‘Mona Lisa Smile’ - Julia Roberts, Kirsten Dunst
- 25 July: ‘Groundhog Day’ - Bill Murray, Andi McDowell

60+ Keep Fit: Audrey Malik, Mon: 10.30 to 11.30am
+ Seated Exercise Class 11.45 to 12.30pm

Elders

KEEP FIT!



KEEP MOVING !!

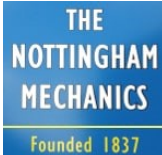
Forum

DANCE - Fridays at 1.30pm

TABLE TENNIS - Fridays: 1.30 to 3.00pm

SHORT MAT BOWLS - Thurs 30 June, 1.30pm

KEN GODFREY'S JAZZ BAND are BACK in OCTOBER!



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Your NOTTINGHAM MECHANICS



Newsletter

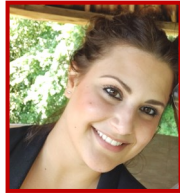
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What's on? What's happened? What's YOUR view?

GOOD LUCK TO CRISTINA!

I am sad to announce that I will be leaving on the 1st of July. I have worked at the Mechanics for 4 years now and have met many good and caring people along the way. I am sad to be leaving but must begin a new chapter in my life.

I appreciate the support I've received, & I'd like to thank you all.



Cristina

The 2022 AGM on 10th June was well attended. President and Acting Chair Jackie Morris introduced our accountant Adrian Price, who told us that our Phoenix Park property had now been sold which meant that we were more financially secure than in 2021. Richard Smith asked about the future stability of the Mechanics, so Rob Smith then explained our financial losses and our strategy for addressing them, e.g. forming a small group to discuss how best to invest funds and tackle other financial issues.

Hilda Pannell thanked staff for their kindness and helpfulness.

There was a slight problem with the PA system, and some members found it difficult to hear so Dennis was running around with a microphone like a Wimbledon Ball Boy.

Julia and Keith Rowley



NORTHUMBRIA!!!

This trip was Postponed twice because of the pandemic - but in May, 40 members at last travelled to explore the North of England.

‘Roman soldier’ Ivor (left) may have existed over 1000 years ago, but on page 3 Kathie Price has written our true up-to-date story.

Many thanks to June & George Hallam for organising the Plant Sale along with the AGM. This colourful event raised a fantastic £93!

GROUP MEETINGS (please check with group Contacts)

Harlequin Ladies' Group: Next meeting - Wed 3 August, 2pm:
Rowena Edlin-White: "Spinster, of No Occupation?"
(No meeting in July) Visitors £2 New Members Welcome!
Contact: Jacqui Curwood on 0115 9586500

Friends of Nottingham Museums: Janet Lievesley: 0115 9221734
19 July: 'The Bennerley Viaduct' with Keiran Lee
(no meeting in August)

Nottm Writers' Club: All welcome! Contact Carol: 0115 9817661
Next meeting: 22 July, 2.30 to 4.30pm.

Nottm Shakespeare Society: Sandra Appleton: 0115 9256551
Next meeting will be in September

Nottingham Probus Club, Contact: Robin West: 0115 9164774
20 July: 'Bygones' with Andrew Smart

Love **CROCHET, PATCHWORK, QUILTING, KANTHA...?**
A NEW STITCH CLUB meets fortnightly on Mondays, 1.30pm
4th & 18th July. Contact: Jenny Parker on 0115 9206423

Nottm RSPB Group, Contact: Barry Nelson 0115 9146583

Oddfellows Friendship Group: Games, Speakers, Dominoes etc.
Contact: Karen Pye-Smith 07921821866 www.oddfellows.co.uk

National Federation of Occupational Pensioners (NFOP)
Nottm Branch meets: Wed. 6, 13, 20, 27 July at 10.30am
Contact: Phil Wilson - 0115 875 2346

Newsletter Enquiries to: 0115 9145838 * viv.apple@outlook.com
kjp@phonecoop.coop

A TRIP TO NORTHUMBRIA by Kathie Price

Our hotel in South Shields sits in a lovely spot, at a point where the Tyne meets the North Sea, and has fine views of Tynemouth Priory across the river. My room was comfortable, the food plentiful, and the company was good too.

Over a four night stay we saw what Northumberland has to offer. On day one we visited the gardens at Alnwick Castle, with a guided tour of the Poison Garden (right). There were many plants to avoid here, including rhu-barb leaves which people were advised to cook and eat in World Wars 1 and 2 leading to 23 deaths. Later we travelled to Lindisfarne, crossing when the causeway was safe to drive over. I walked to the "castle", converted to a weekend retreat for a printing magnate in the early 20th century by Lutyens. From the windows it was



possible to see seals basking on the beach below.



On the second day I took the short ferry ride to Tynemouth. I looked over the Priory with fabulous sea views and dolphins. On my return I had a toasted teacake at the Museum's Victorian Tea Rooms where staff wore long

white frilly aprons over jeans and t-shirts.

Our fourth day started with a visit to the Angel of the North, then on to the historic town of Hexham and finally the Roman Wall built by Hadrian 1900 years ago to keep out the marauding Scots.



The holiday was a treat for me after two years at home. My thanks go to Robert for his help on everything. He was as positive and patient as a saint.

Kathie Price