

Music Appreciation

Concerts in Depth with Mike Wheeler



Whether a seasoned concert-goer or first-timer, this course is for you.

Each week we will study one major work due to be performed in Nottingham usually from the season at the Royal Concert Hall.

We will also consider it in a wider context including, where relevant, the composer's life and career, other works by the same or different composers, and wider cultural issues.

To include works by Beethoven, Verdi, Debussy and Rachmaninov.

Monday 10:15am- 12:15pm, starting 25th September

for 10 sessions at

Nottingham Mechanics Institute

3 North Sherwood St Nottingham NG1 4EZ

£84.00

Ref: Q00009727

To apply for a course, please quote the course reference above either online at wea.org.uk or by calling 0300 303 3464

The WEA is a charity registered in England and Wales (no. 1112775) and in Scotland (no. SC039239).



Music

WEA
Adult Learning
Within Reach

History

wea.org.uk

History

**Drama, Tragedy and Intrigue: Stewart Scotland
with Mark Barnard**



**In 1437, the Anglophile James I was
stabbed in a sewer whilst his son
'James of the fiery face', was blown up
by his own cannon. What caused these
events and how did they and other
Stewarts, impact on England?**

£58.80

Ref: Q00009703

Tuesday 1- 3pm, starting 19th September

for 7 sessions at

Nottingham Mechanics Institute

3 North Sherwood St NG1 4EZ

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either online at wea.org.uk or by calling 0300 303 3464.**

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Jane Austen's Emma

Rout Cakes, Riddles and Regency Lovers

with Judith Hedley



Whether you are an Austen fan or want to learn more about life in 1815, this could be the course for you. A chance to look at the social history of the Regency period as portrayed in the setting for 'Emma'. The early years of the 19th century were a period of lavish hospitality among country gentry, but also of huge cultural and social change.

£58.80

Ref: Q00009720

**Wednesday 10:15am- 12.15pm, starting 27th September
for 7 sessions at**

**Nottingham Mechanics Institute
3 North Sherwood St NG1 4EZ**

**To apply for a course, please quote the course reference above
either online at wea.org.uk or by calling 0300 303 3464.**

Art Appreciation

Brushstrokes of History

with David Price



Explore what great artworks can tell us about the times in which they were created and the motivations of the artists

including the Arnolfini Portrait

Rubens Massacre of the Innocents

Women Artists over the centuries, Napoleon in art; Goya and Picasso painting war,

Soviet Socialist Realism.

£58.80

Ref: Q00010118

Thursday 10:15am-12:15pm starting 5th October

for 7 sessions

at Nottingham Mechanics Institute

3 North Sherwood St Nottingham NG1 4EZ

To apply for a course, please quote the course reference above either online at wea.org.uk or by calling 0300 303 3464

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Art

History

Germany: from the Franks to Frederick the Great
with Mark Barnard



With a relaxed approach we will explore an overview of Germany's distant origins.

This course places in context Germany's past from the Franks to Frederick the Great. Discover who the Germans were and why they were allegedly so 'dramatically different...'

£58.80

Ref: Q0009705

Thursday 1-3pm starting 21st September

for 7 sessions at

Nottingham Mechanics Institute

3 North Sherwood St NG1 4EZ

To apply for a course, please quote the course reference above either online at wea.org.uk or by calling 0300 303 3464.

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History

Literature

Much Ado about Shakespeare: Cymbeline

with Hazel Salisbury



An opportunity to look in some depth at one intriguing play, Cymbeline, by reading, discussing and watching extracts of performances. Cymbeline is one of the last plays Shakespeare wrote and reflects the changing tastes in theatre in James I court. Using a mixture of folk-tale, magic and politics,

it is a story of families divided and re-united, kidnapping, exile, international obligations, divine intervention and above all of trust. Who deserves it, who gets it, who breaches it and the consequences.

Studying the play will give us insights into Shakespeare's writing techniques and styles and explain why his works remain so relevant to us today.

£84.00

Ref: Q00009708

Fridays 10:30am-12:30pm starting 29th September

for 10 sessions at

Nottingham Mechanics Institute

3 North Sherwood St

NG1 4EZ

To apply for a course, please quote the course reference above either online at wea.org.uk or by calling 0300 303 3464.

Dance for Health and Wellbeing

with Katie Kelsey at Nottingham Mechanics



Dancing for health and wellbeing classes with Katie are a fun and gentle way of getting your body moving. Enjoyable exercise for every type of body aimed at all abilities, with no dance experience necessary. Based on contemporary dance, the style is smooth and safe, low impact and low intensity. Classes are relaxed, fun, with easy to follow dance moves.

Starting Monday 18th September 2023

Nottingham Mechanics Institute

3 North Sherwood Street, NG1 4EZ

Time: 11.00am-12.30pm

Course ref: Q00010218

10 sessions £63.00

(or free if on certain means-tested benefits)

BBC's Michael Mosley's ('Just One Thing' podcasts) reported "....dance is linked to reduced risk of stroke or heart attack, dancing can also have an impact on our mental health, when scientists looked at 40 studies, involving dance movement therapy, they found that dance reduces anxiety, depression, and improves quality of life and improves cognitive skills...."

To apply for a course, please quote the course reference above either online at wea.org.uk or by calling 0300 303 3464.

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Health & Wellbeing