

# Your NOTTINGHAM MECHANICS



## Newsletter

No 56 APRIL 2022

*What's on? What's happened? What's YOUR view?*

### The CURTIUS SALON Fridays at 11.00am

- 1 April: Ted Grey: Bush, Birds and Buffalo  
8 April: Mark Barnard: The REAL Richard the Lionheart  
15 April: - Good Friday (no meeting) -  
22 April: Robert Mee: The Ealing Comedies  
29 April: Dr John Dornan: A Funny Thing Happened  
on the Way to the Surgery

### \* OPERA with ROBERT \*

- Wednesday 13 April 10.30am: 'L'Elisir D'Amore' - Donizetti  
Thursday 21 April 10.30am: 'L'Etoile' - Chabrier

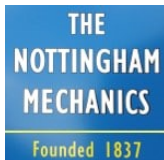
### \* MONDAY FILMS - at 1.30pm \*

- 4 April: 'Funny Face' with Audrey Hepburn & Fred Astaire  
11 April: 'Goldfinger' with Sean Connery  
18 April: - Bank Holiday (no meeting) -  
25 April: 'Lincoln' with Daniel Day-Lewis  
9 May: 'Erin Brockovich' with Julia Roberts

60+ Keep Fit: Audrey Malik, Mon: 10.30 to 11.30am  
+ Seated Exercise Class 11.45 to 12.30pm

*KEEP FIT!*  *KEEP MOVING!!*

Elders Forum DANCE - Fridays at 1.30pm  
TABLE TENNIS - Fridays: 1.30 to 3.00pm  
BINGO - Thursdays: 2.00pm



The Nottingham Mechanics  
3 North Sherwood Street NG1 4EZ  
[www.nottingham-mechanics.org.uk](http://www.nottingham-mechanics.org.uk)  
Phone: 0115 9417353



### OUR SUPER EASTER EVENT!

on **Thursday 14 April**



10.30am: Arrival - tea/coffee etc...

11.00am: Quiz

12.30pm: LUNCH - turkey + the trimmings

2.30pm: Games (incl. Easter Bonnets)

For news of this year's DAY TRIPS and HOLIDAYS,  
please check the NOTICEBOARD! Thank you!

### HAVE A GO!

On a Friday morning, before the 11am Speaker, the Fund Raising Committee have introduced an actor/actress scratch card to see if it generates funds for The Mechanics. After 3 successful weeks we are going to continue with the venture. The scratch card is **£1** per go, and you have to choose from 20 names on the card. The prize for choosing the correct one is **£10.00**, and The Mechanics will receive the other **£10.00**.

We hope you will have a go and support this venture. GOOD LUCK!

*Anne Freeman*



## GROUP MEETINGS (please check with group contacts)

**Harlequin Ladies' Group:** Next meeting - Wednesday 6 April  
Angela Hall: 'Hedgehogs & Banter'. Visitors £2  
New Members Welcome! Call Jacqui Curwood 0115 9586500

**ART Class:** 1.30pm, every Wednesday. Contact Rosemary: 0115 9229410

**Dickens Fellowship,** meets at 2.00pm - Contact Kathy: 0115 9845375

**Friends of Nottingham Museums** Contact Janet Lievesley: 0115 9221734  
12 April: 'The Lumsdale Valley'

**Nottm Writers' Club:** All welcome! Contact Carol: 0115 9817661  
Next meeting: Friday, 22 April 2.30pm

**Nottm Shakespeare Society** Contact, Sandra Appleton: 0115 9256551  
5 April 10.30: 'As You Like It'. 19 April, 7pm: Ben Burton: 'Henry V'

**City of Nottingham Probus Club** Contact: Robin West: 0115 9164774  
April: Dr Catherine McAteer: "Russia"

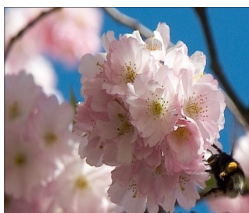
**STITCH CLUB,** meets fortnightly on Mondays, 1.30pm  
11th & 25th April. Contact: Jenny Parker on 0115 9206423

**Nottm RSPB Group,** Contact: Barry Nelson 0115 9146583

**Nottm Centre, National Trust,** Contact: Irene Millburn 0115 9812267  
Thurs 7 April 2.15: Phil Cooper: Cuba and Panama  
Wed. 20 April 2.15: Paul Newsham, Rooftop & Sunken Gardens

**Oddfellows Friendship Group:** Games, Speakers, Dominoes etc.  
Contact: Karen Pye-Smith 07921821866 [www.oddfellows.co.uk](http://www.oddfellows.co.uk)

**National Federation of Occupational Pensioners (NFOP)**  
Nottm Branch meets: Wed. 2, 9, 16, 23 March, 10.30am  
Contact: Phil Wilson - 0115 875 2346



**Enquiries to: 0115 9145838**  
[viv.apple@outlook.com](mailto:viv.apple@outlook.com)  
[kip@phonecoop.coop](mailto:kip@phonecoop.coop)



## From Midwifery to the Nottingham Mechanics by Esther Chow

After qualifying as a nurse and midwife, I served the NHS in London and York, and later as a Midwifery Sister. My work in the NHS was challenging, but very rewarding. I shared many joyful moments when I put new-born babies into their mothers' arms after delivery.

I became interested in disease prevention and control, which took me to study Public Health at Leeds University. On completion, I worked for 3 years in the Far East and its islands during a Cholera outbreak, travelling to work by boat, fishing junk or helicopter. It was humbling to see people contended and happy, despite having practically nothing.



After retiring from the NHS, I practised Tai Chi in a gym. It was there that a friend invited me to join her for the tuition course in Bridge at the Nottingham Mechanics.

During the course, I met many members in the class who extended their warm welcome and friendship. I was so impressed that I became a member that same week. As the 12 week course ended, we continued our activities in the Mechanics, enjoying lunch together, or simply having a chat and a coffee.

A few members asked me to teach them Mandarin. We started with a simple Chinese word '*ma*', meaning mother. Each Chinese word has 4 tones, and each tone has a different meaning, which can be confusing. Addressing '*ma*' in the right tone would mean *mother*; saying it in a lower tone would mean a *horse*! After ten minutes, my friends decided they could not take such a risk, and suggested we all went for a Sushi snack instead!

Besides the friendship, outings and activities that Mechanics offers, the kindness and helpfulness of the staff exceeds my expectations.

*Esther Chow*