

*** SUMMER SPEAKERS - Fridays at 11.00am ***

5th May: Dr John Dornan: Sir Ernest Shackleton - Polar Explorer
12th May: Dennis Apple: The History of Gibraltar
19th May: Miriam Jackson: 'Florence Boot'
26th May: Dennis Apple: The History of Photography

A NEW AUCTION!!! 10th MAY!! BRING ITEMS for sale NOW!

**** Another GREAT FUN FUNDRAISER from Chris Alton!!! ****

*** MUSIC EVENTS with ROBERT ***

Thurs 11 May: La Fanciulla del West (the Girl of the Golden West) - Puccini
Thurs 25 May: Carmen by Bizet

*** MONDAY FILMS - at 1.30pm ***

15 May: 'The Book Thief' with Geoffrey Rush, Emily Watson (2013)
22 May: 'Everest' with Jason Clarke, Martin Henderson (2015)
(1st, 8th, and 29th May - Closed for Bank Holidays)

**60+ Keep Fit: Audrey Malik, Mon: 10.30 to 11.30am
+ Seated Exercise Class 11.45 to 12.30pm**

Elders Forum DANCE - Fridays at 1.30pm

TABLE TENNIS - Fridays: 1.30 to 3.00pm

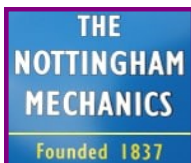
SHORT MAT BOWLS - Thursdays at 1.30pm

GAMES AFTERNOON: Tuesdays at 1.30pm

KNIT & NATTER: Wednesdays at 1.30pm (fortnightly)

GARDENING CLUB: 16 May (monthly) 10.30am

CHAT GROUP: 10th March (every 3rd Friday)



The Nottingham Mechanics
3 North Sherwood Street NG1 4EZ
www.nottingham-mechanics.org.uk
Phone: 0115 9417353



Your **NOTTINGHAM MECHANICS**



Newsletter

No 69 May 2023

What's on? What's happened? What's YOUR view?

**Four nights Dinner, Bed & Breakfast
in * TENBY, South Wales ***

25th - 29th September

**For details, please see
the Noticeboard**



AGE UK Helps Out

In December 2022 John Bryan from Nottingham **Age UK** gave a talk to the Curtius Salon about home heating and energy efficiency. He offered members a chance to leave their details for follow-up advice. Chris Alton, Mechanics Vice-Chair, couldn't resist and in January she was contacted by them. This was the first of several phone calls and visits. She said she was "inundated" with help. Heat reflecting panels, energy saving light bulbs; a draught excluder was fitted and a handrail was installed on her stairs. She was given a goody bag with a hot water bottle, blanket, socks and night light and timer plug. There was also information about a modestly-priced foot care service, and updating of her Telephone Preference Service allowing you to opt out of unwanted calls. All of this was free of charge and she was impressed with the staff who phoned and visited her: "they arranged appointments, arrived on time and were very helpful and carrying ID." If you wish to contact them, phone 0115 844 0011 or email at info@ageuknotts.org.uk.

Kathie Price

GROUP MEETINGS (please check with group Contacts)

Harlequin Ladies' Group: Contact: Jacqui Curwood on 0115 9586500
Wed. 3 May, 2pm: Margaret and Peter Foss: 'Wonderful Scandinavia'
Visitors welcome: £2.

Friends of Nottingham Museums: Janet Lievesley: 0115 9221734
16 May: Speaker to be announced

Nottm Writers' Club: All welcome! Contact Carol: 0115 9817661
Next meeting: Friday 26 May, 2.30pm

Dickens Fellowship, Contact: Kathy Powis: 0115 9845375
2 May, Nicholas Nickleby, 63-65, discussion, Rosemary Longland
16 May: AGM, 'The Mary Rose' with Kathy Powis

Nottm Shakespeare Society: Sandra Appleton: 0115 9256551
2 May, 10.30am: Poetry, Prose and Music
16 May, 7pm: AGM and Readings

Nottm Probus Club, Contact: Robin West: 0115 9164774
18 May: 'Titanic, Ship of Dreams' - Graham Hayes

The STITCH CLUB meets fortnightly on Mondays, 1.30pm
May meetings: 15th & 22nd. Contact: Jenny Parker, 0115 9206423

Oddfellows Friendship Group: Games, Speakers, Dominoes etc.
Contact: Karen Pye-Smith 07921821866 www.oddfellows.co.uk

Nottm Branch, The National Trust: Irene Milburn 0115 9812267
The next meeting will be in September
(details in the August Newsletter)

National Federation of Occupational Pensioners (NFOP)
Phil Wilson - 0115 8752346

PROPOSED DAY TRIPS FOR 2023



1. HARROGATE

Not just Harrogate to explore but also two small towns en route, Wetherby and Ripon. A lovely cathedral, then maybe lunch in the busy Georgian square, and on to Harrogate's flowers and cream teas, which are favourites.

TUESDAY 1st AUGUST, 8am. Book now! £22

2. CROMER, Norfolk. Wide sandy beaches offer paddling with lovely sea breezes, and access to fish & chips in this favourite resort.



TUESDAY 22nd AUGUST, 8am £24

3. MEMORIAL ARBORETUM and LICHFIELD

The National Memorial Arboretum is a very moving place to visit, with a wonderful array of colour to the trees which surround the reminders of heroic sacrifice. Later we visit pretty Lichfield with its cosy cafes and taverns, and to the beautiful cathedral with its historic close.



WEDNESDAY 25th OCTOBER 9am £18

PLEASE BOOK IN RECEPTION - NOW!!